

Synergy for Your Health, Energy for Your Day!



B12 1000mcg

Our 1000mcg B12 Strips come in a standard 30 day pack. You'll love the refreshing mint flavor.



Winter Berry Flavored B12 2000mcg is Available in a 30 Count and 90 Count Value Size.

Supplement Facts

Serving Size: 1 Strip
Servings Per Package: 30

Amount per serving	% DV
Methylcobalamin B12 2000 mcg	33,333%
Vitamin B6 (P5P) 5 mg	250%
Folate (5-MTHF) 800 mcg	200%
Biotin 2500 mcg	833%

* Percent Daily Value based on a 2,000 calorie diet.

Other Ingredients: Hydroxypropyl Methyl Cellulose, Glycerin, Stevia, Modified Starch, Natural Flavor, Gum Arabic, Sodium Carboxy Methyl Cellulose, Monoglyceride Stearate, Menthol.

Why Choose B12 and Essential Source B12 Strips?

Vitamin B12 is a nutrient that helps keep the body's nerve cells healthy and helps make DNA, the genetic material in all cells.

Vitamin B12 also helps prevent a type of anemia called megaloblastic anemia that makes people tired and weak.¹

Essential Source B12 Strips give you instant access to this powerful nutrient in a refreshing, easy to use, sublingual strip. Simply pull a great tasting B12 strip from the compact cassette dispenser and place on your tongue. In seconds B12 is released and absorbed through our advanced sublingual delivery system.

Supplement Facts

Serving Size: 1 Strip
Servings Per Package: 30

Amount per serving	% DV
Methylcobalamin B12 1000 mcg	16,665%

* Percent Daily Value based on a 2,000 calorie diet.

Suggested Use:

For best results, allow strip to fully dissolve on tongue, swish fluid throughout entire mouth for 30 seconds making sure to pass fluid under tongue. Swallow any remaining fluid. As a dietary supplement take one to two strips daily.

Supporting Research Sources:

NIH National Institutes of Health

1. <https://ods.od.nih.gov/factsheets/VitaminB12-Consumer/>
2. https://www.healthline.com/nutrition/vitamin-b12-benefits#TOC_TITLE_HDR_10

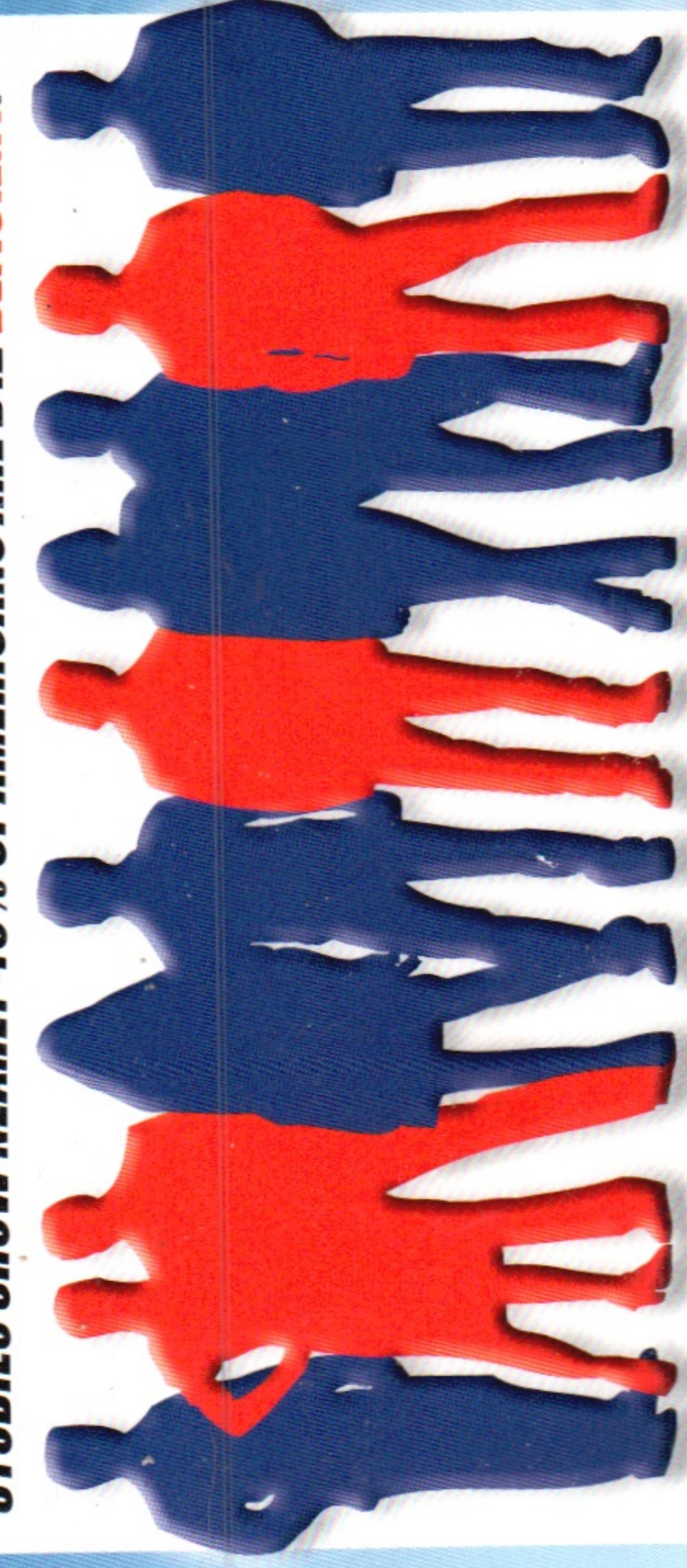
* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

FDA has not evaluated this product for safety or efficacy.



Are You at Risk from B12 Deficiency?

STUDIES SHOW NEARLY 40% OF AMERICANS ARE B12 DEFICIENT.



POTENTIAL CAUSES OF B12 DEFICIENCY ARE:

Q: Why Choose Methylcobalamin Over Cyanocobalamin B12?

A: Methylcobalamin is the most efficient form of B12. Before Cyanocobalamin can be properly utilized by the body, it has to be stripped down in a time consuming, multi-step process.

Q: Why Take B12 Strips instead of a Liquid or Pill?

A: When you take a vitamin in liquid or pill form, any B12 present is absorbed by tiny proteins in the stomach and intestines that bind B12. As a result, only a small percentage of any form of B12 makes it into your bloodstream.*

Q: What is Pyridoxal-5-Phosphate (P5P)?

A: P5P is the active form of vitamin B6. Vitamin B6 is found in one of three forms: pyridoxine hydrochloride, pyridoxal, or pyridoxamine, which must be converted by the liver to the active form the body needs - P5P. Low rates of conversion from the inactive forms have been reported, especially in people with impaired liver function, celiac's disease, older adults, and children with autism. By consuming the active P5P form, the full benefits are available immediately.

Q: Why incorporate Biotin for Energy?

A: Biotin is a water-soluble B vitamin that is best known for its dominant role in "skin, hair, and nail" health. As a B vitamin, Biotin is part of enzymes that convert fats, carbohydrates, and protein into energy.

2000mcg - 90, 30 count
1000mcg - 30 count



Understanding the Nuances and Delivery of B12 and B6 Vitamins...

What it Means to You!

Why has Folic Acid Become Obsolete?

A: Due to the rise in a genetic malformation (MTHFR) which may affect up to 60% of the population, we no longer use Folic Acid in our natural products. Those who suffer from this condition are unable to process folic acid, which needs to be converted to methylfolate (5-MTHF) in place of folic acid, for the highest level of benefit.

Q: Why Choose Methylcobalamin Over Cyanocobalamin B12?

A: Methylcobalamin is the most efficient form of B12. Before Cyanocobalamin can be properly utilized by the body, it has to be stripped down in a time consuming, multi-step process.

Q: Why Take B12 Strips instead of a Liquid or Pill?

A: When you take a vitamin in liquid or pill form, any B12 present is absorbed by tiny proteins in the stomach and intestines that bind B12. As a result, only a small percentage of any form of B12 makes it into your bloodstream.*

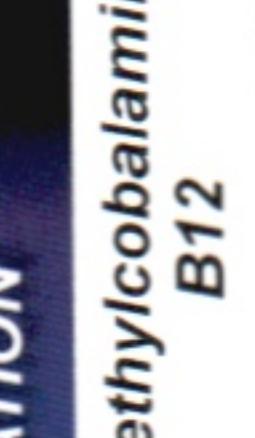
Q: What is Pyridoxal-5-Phosphate (P5P)?

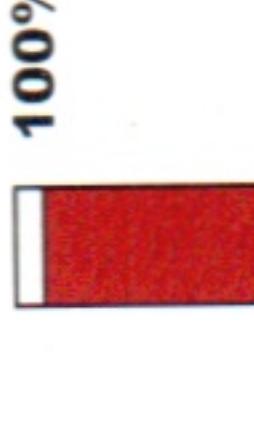
A: P5P is the active form of vitamin B6. Vitamin B6 is found in one of three forms: pyridoxine hydrochloride, pyridoxal, or pyridoxamine, which must be converted by the liver to the active form the body needs - P5P. Low rates of conversion from the inactive forms have been reported, especially in people with impaired liver function, celiac's disease, older adults, and children with autism. By consuming the active P5P form, the full benefits are available immediately.

Q: Why incorporate Biotin for Energy?

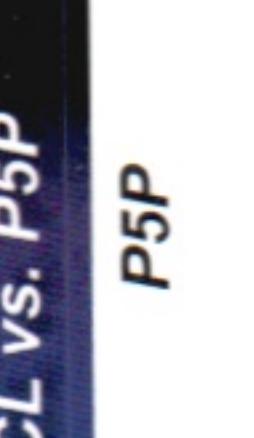
A: Biotin is a water-soluble B vitamin that is best known for its dominant role in "skin, hair, and nail" health. As a B vitamin, Biotin is part of enzymes that convert fats, carbohydrates, and protein into energy.

PRODUCT COMPATIBILITY

With Folic Acid Compatibility
100% 

With Methylfolate Compatibility
100% 

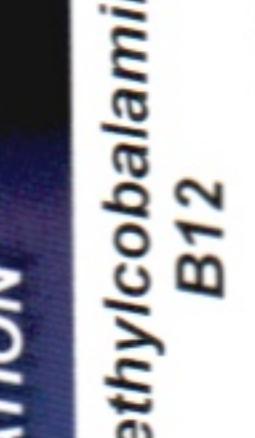
With Cyanocobalamin B12 Compatibility
100% 

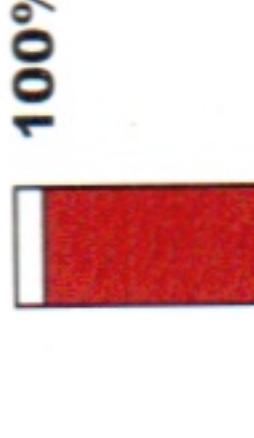
With Pyridoxine HCL Compatibility
100% 

With Pyridoxal B12 Compatibility
100% 

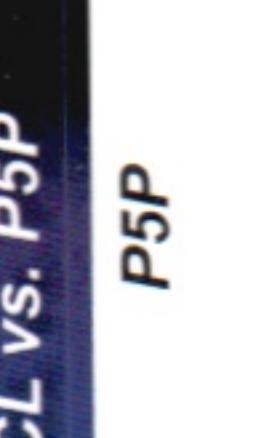
With Pyridoxamine B12 Compatibility
100% 

B12 UTILIZATION

Cyanocobalamin B12
100% 

Methylcobalamin B12
100% 

Pyridoxine HCL P5P
100% 

Pyridoxal B12 Advanced Delivery
100% 

Pyridoxamine B12 Advanced Delivery
100% 

Pyridoxamine B12 Advanced Delivery
100% 

(877) 879-9966

www.EssentialSource.net

Dietary Supplement